

Band Of Love

COPPER KNOB
STEPSHEETS

Count: 40

Wall: 4

Level: Improver / Easy Intermediate

Choreographer: Francien Sittrop (NL) - August 2013

Music: Band of Gold (Almighty Radio Edit) - Kimberley Locke : (Album: Band of Gold Remixes)



Intro: Start after 32 Counts

[1 – 8] Side Touch, KickBall Step x2

- 1 – 2 Step R to R side, Touch L next to R
- 3 & 4 Kick L fwd, Step L down, Step R across L
- 5 – 6 Step L to L side, Touch R next to L
- 7 & 8 Kick R fwd, Step R down, Step L across R

[9-16] Skates x2, Shuffle fwd, Rock Recover , Full Turn L

- 1 – 2 Skate fwd R,L
- 3 & 4 Step R fwd, Step L next to R, Step R fwd
- 5 – 6 Rock L fwd, Recover on R
- 7 – 8 ½ Turn L step L fwd, ½ Turn L step R fwd (12.00)

[17-24] Lock Step Back, Rock Recover, Kick Ball Cross x2

- 1 & 2 Step L back, Step R across L, Step L back
- 3 – 4 Rock R back, Recover on L
- 5 & 6 Kick R fwd, Step R down, Step L across R (Bend Knees)
- 7 & 8 Kick R fwd, Step R down, Step L across R (Bend Knees)

[25-32] Stomp , Touch Or Scuff, Kick Ball Cross, Chasse L , Rock Recover

- 1 – 2 Stomp R to R side, Touch or Scuff L
- 3 & 4 Kick L fwd, Step L down, Step R across L
- 5 & 6 Step L to L side, Step R next to L, Step L to L side
- 7 – 8 Rock R Back , Recover on L

[33-40] ¼ Turn L Stomp , Touch of Scuff, Kick Ball Cross, Chasse L , Rock Recover

- 1 – 2 Make ¼ Turn L and Stomp R to R side, Touch or Scuff L (09.00)
- 3 & 4 Kick L fwd, Step L down, Step R across L
- 5 & 6 Step L to L side, Step R next to L, Step L to L side
- 7 – 8 Rock R back, Recover on L

Tag 16 Counts: After wall 3:

Monterey ¼ Turn R x2, JazzBox ¼ Turn R x2

- 1 – 4 Touch R to R side, ¼ Turn R step R next to L, Touch L to L side, Step L next to R
- 5 – 8 Touch R to R side, ¼ Turn R step R next to L, Touch L to L side, Step L next to R
- 1 – 4 Step R across L, Step L back, ¼ Turn R step R to R side, Step L across R
- 5 – 8 Step R across L, Step L back, ¼ Turn R step R to R side, Step L across R

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