

Come Crawl With Me

COPPER KNOB
STEPSHEETS

Count: 40

Wall: 4

Level: Improver

Choreographer: Alison Metelnick (UK) & Peter Metelnick (UK) - March 2013

Music: The Swimming Song - O'Shea



Start after 20 count intro approx. [10.5 secs into song – 118 bpm – 2mins 15secs]

Note: step sheet is written this way because the music phrases in 20 count sections

[1-8] R side rock/recover, R behind/L side/R cross, L side touch, L together, R heel fwd, R together, L toe touch, L together, R side touch

- 1-2 Rock R side, recover weight on L
- 3&4 Cross step R behind L, step L side, cross step R over L
- 5& Touch L side, step L together
- 6& Touch R heel forward, step R together
- 7& Touch L toe together, step L together
- 8 Touch R side

[9-16] ¼ R jazz box, ¼ R heel jack, L cross shuffle

- 1-4 Cross step R over L, step L back, turning ¼ right step R side, step L forward (3 o'clock)
- 5& Cross step R over L, turning ¼ right step L back (6 o'clock)
- 6& Touch R heel forward, step R back
- 7&8 Cross step L over R, step R side, cross step L over R (toes facing towards 7 o'clock)

[17-20] R fwd rock/recover, on R diagonal run back 2, R touch

- 1-2 Rock forward rock, recover weight on L (7 o'clock)
- 3&4 Step R back, step L back, touch R together (pop R knee forward)

[21-28] R fwd diagonal walk 2, R fwd lock, L fwd rock/recover, ½ L & L fwd shuffle

- 1-2 Towards right diagonal step R & L forward
- 3&4 Step R forward, lock step L behind R, step R forward towards R diagonal
- 5-6 Rock L forward, recover weight on R
- 7&8 Turning ½ left step L forward, step R next to L, step L forward (towards R diagonal) (1 o'clock)

[29-36] R fwd, L scuff, heel jack squaring to front wall, R cross hold, L syncopated vine

- 1-2 Step R forward, scuff L forward
- 3& Cross step L over R, step R back squaring up to front wall (12 o'clock)
- 4& Touch L heel forward, step L back
- 5-6 Cross step R over L, hold
- &7&8 Step L side, cross step R behind L, step L side, cross step R over L

[37-40] L side rock/recover, ¼ L toaster step

- 1-2 Rock L side, recover weight on R
- 3&4 Turning ¼ left step L back, step R together, step L forward (9 o'clock)

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