# **Higher Ground**



Count: 72 Wall: 2 Level: Improver

Choreographer: Amy Christian (USA) - August 2011

Music: Higher Ground - UB40



Intro: Start when Drums Start. (Right after the lyrics "Higher Ground". Approximately at 0.24secs.)

# S1: R SIDE MAMBO, L SIDE MAMBO, ROCK, RECOVER, TRIPLE 1/2,

1&2 Step R to right side, Recover on L, Step R next to L,3&4 Step L to left side, Recover on R, Step L to next to R,

5-6 Rock forward on R, Recover on L, 7&8 Triple ½ turning right, R,L,R, (6:00),

# S2: L SIDE MAMBO, R SIDE MAMBO, ROCK, RECOVER, 1/4 SIDE SHUFFLE,

1&2 Step L to left side, Recover on R, Step L next to R,3&4 Step R to right side, Recover on L, Step R next to L,

5-6 Rock forward on L, Recover on R, 7&8 % Turn left, shuffle to left side, (9:00),

## S3: WEAVE LEFT,

1-4 Step R across L, Step L to left side, Step R behind L, Step L to left side,

#### S4-S6: Repeat the above 20 counts again, which is,....

R SIDE MAMBO, L SIDE MAMBO, ROCK, RECOVER, TRIPLE 1/2,

L SIDE MAMBO, R SIDE MAMBO, ROCK, RECOVER, 1/4 SIDE SHUFFLE,

WEAVE LEFT,

# S7: STEP BUMP & BUMP, STEP BUMP & BUMP, ROCK, RECOVER, 1/4 SIDE SHUFFLE,

Step R forward and Double Bump,
Step L forward and Double Bump,
Rock forward on R, Recover on L,
Turn right, Side Shuffle, (9:00),

# S8: CROSS ROCK SIDE, CROSS ROCK SIDE, STEP, PIVOT ½, STEP PIVOT ½,

Rock L over R, Recover on R, Step L to left side, Rock R over L, Recover on L, Step R to right side, Step forward on L, Pivot ½ turn right on R, (3:00),

7-8 Step forward on L, Pivot ½ turn right on R, (9:00), (Option – do a Rocking Chair on counts

5-8)

## S9: KICKBALL STEP, KICKBALL STEP, DOUBLE BUMP, HIP ROLL,

1&2 Kick L forward, Step on ball of L, Step forward on R, (moving forward), 3&4 Kick L forward, Step on ball of L, Step forward on R, (moving forward),

5&6 Step L to left side as you bump left, twice,7-8 Roll hips counter clockwise, weight ending on L,

#### S10: TRIPLE FWD, TRIPLE FWD, 1/8 HIP ROLLS,

1&2 Triple forward, R,L,R,3&4 Triple forward, L,R,L,

5-6 1/8 pivot turning left, R, L,(4:00), 7-8 1/8 pivot, turning left, R,L, (6:00),

## Begin again!!!

