

Souled Out

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Kim Ray (UK) - April 2009

Music: It's Alright - Seal



Step Touch, Step Kick, Step Back, Coaster Step, Step Forward

- 1-2 Step right to right side, touch left toe to left side facing left diagonal
- 3-4 Step left in place, kick right forward
- 5 Step back on right
- 6&7 Step back on left, step right next to left, step forward on left
- 8 Step forward on right

Shuffle Forward, Step Forward, ¼ Pivot Turns Left X2, Rock/Recover

- 9&10 Step forward on left, step right beside left, step forward on left
- 11-12 Step forward on right, ¼ pivot turn left
- 13-14 Step forward on right, ¼ pivot turn left
- 15-16 Rock forward on right, recover back on left

Triple ¾ Turn Right, Rock/Recover, Full Turn, Step Forward, Hold

- 17&18 On the spot ¾ triple turn right, stepping right, left, right
- 19-20 Rock forward on left, recover back on right
- 21&22 Full triple turn left, stepping left, right left (non turning option: coaster step)
- 23-24 Step forward on right, hold

Ball Step, Rock/Recover, Coaster Cross, ¼ Turn Left, ½ Turn Left, ¼ Turn Left, Together

- &25 Step left next to right,
- 26-27 Rock forward on left, recover back on right
- 28&29 Step back on left, step right next to left, cross left over right
- 30-31 ¼ turn left stepping back on right, ½ turn left stepping forward on left
- 32& ¼ turn left stepping right to right side, step left next to right

(non turning option: 30-32& - Step right to right side, step left next to right, step right to right side, step left next to right)
