

You Bring Me Down

COPPER KNOB
STEPSHEETS

Count: 96

Wall: 4

Level: Intermediate Waltz

Choreographer: Maggie Gallagher (UK) - November 2008

Music: You Bring me Down - Leona Lewis



Intro : 48 counts (15 sec) Start on Vocals (Total Song Duration 3m 54s) (CW Direction)

S1: SWAY R, HOLDS, SWAY L, HOLDS, WEAVE LEFT, HOLDS

- 1,2,3 Sway to the right, HOLD, HOLD (12.00)
- 4,5,6 Sway to the left, HOLD, HOLD
- 1,2,3 Cross right behind left, Step left to left side, Cross right over left
- 4,5,6 Step left to left side, HOLD, HOLD

S2: SWAY R, HOLDS, SWAY L, HOLDS, WEAVE LEFT, DRAG RIGHT

- 1,2,3 Sway to the right, HOLD, HOLD
- 4,5,6 Sway to the left, HOLD, HOLD
- 1,2,3 Cross right behind left, Step left to left side, Cross right over left
- 4-5,6 Step left to left side, Drag right to meet left

S3: 1/4 RIGHT, LEFT HITCH WITH 3/4 TURN RIGHT, BACK LEFT, RIGHT KICK RONDE, RIGHT SAILOR, BACK LEFT, RIGHT RONDE

- 1,2,3 Make 1/4 turn to right stepping forward on right, Hitch left knee whilst starting to make a 3/4 turn right, complete the turn ready to step back on the left (12.00)
- 4,5,6 Step back on the left, Ronde right with a slight sideways kick, Continue ronde bringing right behind left
- 1,2,3 Cross right behind left, Step left to left side, Step right to right side
- 4-5,6 Step back on left, Ronde sweep right behind left

S4: SAILOR RIGHT, BACK LEFT, RIGHT RONDE, BACK RIGHT, DRAG, BACK LEFT, DRAG

- 1,2,3 Cross right behind left, Step left to left side, Step right to right side
- 4-5,6 Step back on left, Ronde sweep right behind left
- 1-2,3 Walk back on right, Drag left to meet right
- 4-5,6 Walk back on left, Drag right to meet left

S5: BACK RIGHT, HOLDS, FORWARD LEFT, HOLDS, FULL TURN LEFT, STEP, STEP, HOLDS

- 1,2,3 Step back on right leaning back and looking back , HOLD, HOLD
- 4,5,6 Step forward on left, HOLD, HOLD
- 1,2,3 1/2 turn left stepping back on right, 1/2 turn left stepping forward on left, Step forward on right
- 4,5,6 Step forward on left, HOLD, HOLD (12.00)

S6: 1/4 RIGHT SWAY, HOLDS, SWAY LEFT, HOLDS, RIGHT TWINKLE, LEFT CROSS, HOLDS

- 1,2,3 1/4 turn right swaying right, HOLD, HOLD (3.00)
- 4,5,6 Sway left, HOLD, HOLD
- 1,2,3 Cross right over left, Step left to left side on a right diagonal, Step right beside left
- 4,5,6 Cross left over right, HOLD, HOLD

S7: BACK RIGHT, DRAG, SIDE LEFT, DRAG, RIGHT TWINKLE, LEFT CROSS HOLDS

- 1-2,3 Step back on right, Drag left to meet right
- 4-5,6 Step left to left side, Drag right to meet left
- 1,2,3 Cross right over left, Step left to left side on a right diagonal, Step right beside left
- 4,5,6 Cross left over right, HOLD, HOLD (3.00)

S8: 1/4 RIGHT, HOLDS, 1/2 RIGHT, HOLDS, 1/4 RIGHT SIDE ROCK, RECOVER, CROSS, WIDE SIDE

LEFT, DRAG

- | | |
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| 1,2,3 | 1/4 turn right, HOLD, HOLD (6.00) |
| 4,5,6 | Make 1/2 turn to right stepping back on left, HOLD, HOLD (12.00) |
| 1,2,3 | 1/4 turn right rocking to right side, Recover onto left side, Cross right over left (3.00) |
| 4-5,6 | Step wide step to left side, Drag right to meet left (3.00) |

Repeat
