

Doctor's Orders

Count: 64

Wall: 4

Level: Improver

Choreographer: Maggie Gallagher (UK) - August 2008

Music: Doctor's Orders - Jane McDonald : (iTunes UK)



Intro : 32 counts – (13 sec) Start on vocals (Total Duration 2m 44s)

S1: RIGHT LOCK STEP, LEFT LOCK STEP, STEP, 1/2 PIVOT LEFT

- 1,2 Step forward on right, Lock left behind right
- 3,4 Step forward on right, Step forward on left
- 5,6 Lock right behind left, Step forward on left
- 7,8 Step forward on right, 1/2 pivot turn left (6.00)

S2: SIDE, TOGETHER, FORWARD, HOLD, FULL TURN RIGHT, WALK, SCUFF RIGHT

- 1,2 Step to right side, Step left next to right
- 3,4 Step forward on right, HOLD
- 5,6 1/2 turn right stepping back on left, 1/2 turn right stepping forward on right (6.00)
- 7,8 Walk forward on left, Make little scuff forward on right

Option: (5-7) Left lock step forward

S3: ROCK FORWARDS AND SIDE, WEAVE LEFT, 1/4 RIGHT

- 1,2 Rock forward on right, Recover back onto left
- 3,4 Rock to right side, Recover onto left side
- 5,6 Cross right behind left, Step to left side
- 7,8 Cross right over left, 1/4 turn right stepping back on left (9.00)

S4: RIGHT COASTER, LEFT SCUFF, LEFT LOCK STEP, RIGHT TOUCH

- 1,2 Step back on right, Step left next to right
- 3,4 Step forward on right, Scuff left foot forward
- 5,6 Step forward on left, Lock right behind left
- 7,8 Step forward on left, Touch right next to left (9.00)

S5: SIDE-TOUCH x2, ROLLING VINE TO RIGHT SIDE

- 1,2 Step to right side, Touch left next to right
- 3,4 Step left to left side, Touch right next to left
- 5,6 1/4 turn to right stepping forward on right, 1/2 turn right stepping back on left
- 7,8 1/4 turn right stepping right to right side, Touch left next to right (9.00)

Option: (5-8) Moving right – (Side, Together, Side, Touch)

S6: SIDE-TOUCH x2, ROLLING VINE TO LEFT SIDE

- 1,2 Step to left side, Touch right next to left
- 3,4 Step to right side, Touch left next to right
- 5,6 1/4 turn left stepping forward on left, 1/2 turn left stepping back on right
- 7,8 1/4 turn left stepping left to left side, Touch right next to left (9.00)

Option: (5-8) Moving left – (Side, Together, Side, Touch)

S7: WEAVE RIGHT, RIGHT SIDE TOE STRUT, LEFT CROSS TOE STRUT

- 1,2 Step to right side, Cross left behind right
- 3,4 Step to right side, Cross left over right
- 5,6 Step right toes to right side, Step right heel in place
- 7,8 Cross left toes over right, Step left heel in place

S8: BACK, SIDE, CROSS, HOLD, REVERSE ROLLING VINE

1,2 Step back on right, Step to left side
3,4 Cross right over left, HOLD
5,6 1/4 turn right stepping back on left, 1/2 turn right stepping forward on right
7,8 1/4 turn right stepping left to left side, Touch right next to left (9.00)
Option: (5-8) Moving left – (Side Chasse, Touch)
