Shaba



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Amy Christian (USA)

Music: House Call - Shaba Ranks & Maxi Priest : (7 Remix)

Note: Dedicated to all line dancers who are not afraid to strut their stuff;)

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Side Mambo, Body Roll X 2

R mambo to right side, looking right, (R hand gracefully go out to the right side).

Body roll, looking left (as right hand goes over & down the back of your head & neck).

5&6 L mambo to left side, looking left, (hands gracefully go out to the sides).

7-8 Body roll, looking right (as left hand goes over & down the back of your head & neck).

(Alternative step: Do a Hip Roll instead of a Body Roll)

Step Back R, L, Coaster Step, Diagonally Forward, Hip Roll 1/4 Turn

1-2 Step back right, Step back left.

3&4 Step back on right, step left next to right, step right forward.5-6 Big step diagonally forward on left, touch right next to left.

7&8 Roll hips twice clockwise making a ¼ turn right.

Coaster Step, Step Lock Step, Step ½ Turn Step, Step ½ Turn Step

Step back on right, step left next to right, step right forward.
Step forward on left, lock right foot behind left, step forward on left.
Step forward on right, pivot ½ turn left, step forward on right.
Step forward on left, pivot ½ turn right, step forward on left.

Point, Shimmy, Cross, Point, Shimmy, Cross, Coaster Step, Pivot ½ Turn Left, Clap

Touch right foot to right side, bend knees & cross right over left & shimmy.

Touch left foot to left side, bend knees & cross left over right & shimmy.

Step back on right, step left next to right, step right forward.

7-8 Pivot ½ turn left on right foot, step left foot next to right & clap.

Tag 1 (16 Count) It is done twice. Once right after the 1st wall, (9 o?clock) & it will bring you back to the 1st wall.

Then again on the 5th wall after 16 counts of the dance (after Hip Roll ¼ Turn at 6 o?clock). The singer sings, ?Your body can?t lie to me??.?

Cross R, Cross L, ¼ Turn, Bumps (keeping weight on R foot)

1-2 Cross right foot over left foot, cross left foot over right.

3-4 ¼ Turn left stepping right foot back, hold, right hand goes over your head(3), down to the side

& snap fingers, bump backwards(4),

&5,6 Bump forwards(&), bump backwards & snap fingers(5), bump forwards, right hand goes

straight forward with palm out, same time as left hand hits chest with flat palm(6).

&7&8 Bump backwards & punch left hand straight out in a fist, right hand in a fist, elbow bent at

chest level(&), Bump forward & punch right hand over left elbow(7) Bump backwards & bring right hand back to chest level(&), Bump forward & punch out right hand under left elbow(8).

Step L Forward, Thrust, Touch R, Ronde 1/2 Turn, Toe Switches

1-2 Step left foot forward & thrust your pelvic forward, Swing open palms backwards, bring hands

up behind your ears, touch right foot next to left.

3-4 Ronde right foot making ½ turn right, touching right foot next to left.

&5 Hands in a fist at waist level, elbows bent, moving forward step R foot down & touch L next to

right.

&6	Hands in a fist at waist level, elbows bent, moving forward step L foot down & touch R next to left.
&7	Look left, Hands in a fist at waist level, elbows bent, moving forward step R foot down &
&8	touch L next to R. Look straight, Hands still at waist level, moving forward step L down & touch R next to L.

Tag 2 (Repeat last 8 counts of dance) It is done once, after the 7th wall at 6 o?clock. Listen to the music & you will know when it?s coming. Right after the violin instrumental part.

Point, Shimmy, Cross, Point, Shimmy, Cross, Coaster Step Pivot ½ Turn Left, Clap