

Super Trouper

Count: 32

Wall: 4

Level: Improver

Choreographer: BM Leong (MY) - August 2007

Music: Super Trouper - ABBA



Intro: 32 counts of hard beats - start on vocal.

STEP, TAP, BACK, TOUCH, COASTER STEP, FORWARD SHUFFLE

- 1-2 Step right forward diagonally, sharp tap left toes behind right heel
- 3-4 Step left back diagonally, touch right beside left
- 5&6 Coaster step on RLR
- 7&8 Shuffle forward on LRL

HEEL STRUT, TOE STRUT, OUT, OUT, IN, IN

- 1-2 Touch right heel forward, step right toes down
- 3-4 Touch left toe forward, step left heel down
- 5-6 Step right out to right diagonal, step left out to left diagonal
- 7-8 Step right in to center, step left in to center

TOUCH, KICK, COASTER STEP, TAP, TAP, COASTER QUARTER TURN LEFT

- 1-2 Touch right beside left, kick right forward
- 3&4 Coaster step on RLR
- 5-6 Tap left toes to left side twice
- 7&8 Swing left behind right turning ¼ left, step right together, step left forward

POINT, CROSS, POINT, CROSS, FRONT-BACK-BACK, BACK-FRONT-FRONT

- 1-2 Point right to right side, cross right over left
- 3-4 Point left to left side, cross left over right
- 5&6 Step right forward, recover onto left, step right back
- 7&8 Step left back, recover onto right, step left forward

RESTART: during wall 5 after 1-28 counts and during wall 11 after 1-8 counts.

[Website](#)