

In The Mood - For Dancing

Count: 32

Wall: 4

Level: Improver

Choreographer: Jan Wyllie (AUS)

Music: I'm In the Mood for Dancing - The Nolans



FORWARD, BACK, COASTER, SCUFF/STEP X 4

1&2 Rock/bounce forward on left, rock back on right, step back on left

3&4 Step back on right, step left beside right, step forward on right (coaster)

The following scuff steps move forward

&5&6 Scuff forward on left, step forward on left, scuff forward on right, step forward on right

&7&8 Scuff forward on left, step forward on right, scuff forward on right, step forward on left

FORWARD, BACK, COASTER, SCUFF/STEP X 4

9&10 Rock/bounce forward on left, rock back on right, step back on left

11&12 Step back on right, step left beside right, step forward on right (coaster)

The following scuff steps move forward

&13&14 Scuff forward on left, step forward on left, scuff forward on right, step forward on right

&15&16 Scuff forward on left, step forward on right, scuff forward on right, step forward on left

CROSS/ROCK, SHUFFLE, CROSS/ROCK, SHUFFLE WITH ¼ TURN

17-18- Cross/rock left over right, rock/return weight to right

19&20 Shuffle to the left (left, right, left)

21-22 Cross/rock right over left, rock/return weight to left

23&24 Shuffle to the right (right, left, right) making ¼ turn right

SHUFFLE ½ TURN, COASTER, TOE STRUT X 4

25&26 Shuffle forward left, right, left making ½ turn right (becomes a backward shuffle)

27&28 Step back on right, step left beside right, step forward on right (coaster)

&29 Toe strut forward on left

&30 Toes strut right forward directly in front of left

&31 Toe strut left forward directly in front of right

&32 Toe strut right forward directly in front of left

REPEAT

TAG

At the end of the 3rd wall.

1-2 Rock/step forward on left, rock back on right

3&4 Step back on left, step right beside left, step forward on left (coaster)

5-6 Rock/step forward on right, rock back on left

7&8 Step back on right, step left beside right, step forward on right (coaster)

9-10 Step forward on left, pivot ½ turn left transferring weight to right

11-12 Step forward on left, pivot ½ turn left transferring weight to right
