

Mamma Mia

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Jan Wyllie (AUS)

Music: Mamma Mia - ABBA



1&2 Step forward on left, making $\frac{1}{4}$ turn left step right beside left, step left beside right

3&4 Step back on right, making $\frac{1}{4}$ turn left step left beside right, step right beside left

5&6 Step forward on left, making $\frac{1}{4}$ turn left step right beside left, step left beside right

7&8 Step back on right, making $\frac{1}{4}$ turn left step left beside right, step right beside left

The above 8 steps take you around in a square to end up exactly where you started from

9-10 Rock/step forward on left, rock back on right

11&12 Step back on left, step right beside left, step forward on left (coaster)

13-14 Rock/step forward on right, rock back on left

15&16 Step back on right, step left beside right, step forward on right (coaster)

17-18 Rock/step forward on left, rock back on right

19&20 Step back on left, lock right in front of left, step back on left

21-22-23-24 Rock/step back on right, rock forward on left, rock/step forward on right, rock back on left

25&26 Step back on right, lock left in front of right, step back on right

27-28-29&30 Rock/step back on left, rock forward on right, shuffle forward left, right, left

31-32 Rock/step forward on right, rock back on left

33-34 Making a full turn right back over right shoulder step right, left

35&36 Making $\frac{1}{4}$ turn right triple step right, left, right

37-38 Rock/step forward on left, rock back on right

39-40 Touch left toe back, unwind $\frac{1}{4}$ turn left transferring weight to left

41-42-43-44 Step right over left, step left to left, step right behind left, step left to left

45-46-47&48 Cross/rock right over left, rock back on left, shuffle right right, left, right

49-50-51-52 Step left over right, step right to right, step left behind right, step right to right

53-54-55&56 Cross/rock left over right, rock back on right, making $\frac{1}{2}$ turn left triple step left, right, left

57-58& Step forward on right, hook left behind right, step down on left

59&60 Touch right heel forward, step right beside left, touch left beside right

61-62-63-64 Rock/step forward on left, rock back on right, rock/step back on left, rock forward on right

REPEAT