

Loose Women

Count: 64

Wall: 2

Level: Improver

Choreographer: Rob Fowler (ES)

Music: Loose Women - The Dean Brothers



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| 1-3 | Slide right to side making $\frac{1}{4}$ turn to right on 3 |
| 3&4 | Left together, right together |
| 5-8 | Making $\frac{3}{4}$ turn to right with 4 left chugs |
| 9-12 | Repeat 1-4 sliding left |
| 13-16 | Repeat 5-8 4 right chugs |
| | |
| 17-24 | 4 heel struts forward right left right left |
| 25-32 | 4 toe struts backwards right left right left |
| 33-36 | Right to side, slide left together clap on 4 (shimmy) |
| 37-40 | Repeat 33-36 |
| 41-48 | Repeat 33-40 shimmying to left |
| | |
| 49-49&50 | Left side, left together, right side |
| 51-51&52 | Make $\frac{1}{2}$ turn left, left heel forward, left together, right toe touch behind |
| 53-54 | Jump both feet forward, clap hands |
| 55-56 | Jump both feet back, clap hands |
| 57-64 | Making one full revolution pivoting on left making 8 right chugs |

REPEAT
