

The Get Down

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Roy Hadisubroto (IRE), Fiona Hadisubroto (IRE) & Guyton Mundy (USA) -
September 2025

Music: The Get Down - Outasight



Intro: 8 count intro from start of music

Sequence: Vanilla 2x, Tag, Vanilla 3x, Tag, Vanilla 3x, Tag 2

[1 - 8] Side Rock, Weave L, Press, Slide out, R Heel twists

- 1 - 2 Rock R to R side (1), Recover L (2) 12:00
- 3 & 4 Cross R behind L (3), Step L to L side (&), Cross R over L (4) 12:00
- 5 - 6 Next to R step on ball of L as you begin slowly transferring weight fully onto L, and pushing R out to R side, slightly bending L knee (5), Drop L heel, staying on ball of R with R heel up (6) 12:00
- 7 & 8 Swivel R heel away from L (7), Swivel R heel towards L (&), Swivel R heel away from L (8) 12:00

Arms Styling - Push R arm down and out pass your R leg (5 – 6) Keeping arm in position, Flick R handpalm to R (7), Flick R handpalm to L (&), Flick R handpalm to R (8)

[9 - 16] R Sailor ¼ Turn L, L Sailor Step, Diagonal Walk RL, Big Step R with Drag

- 1 & 2 Cross R behind L (1), ¼ Turn L Step L to L side (&), Step R forward into R diagonal (2) 9:00
- 3 & 4 Cross L behind R (3), Step R to R side (&), Step L forward into L diagonal (4) 9:00
- 5 - 6 Step R forward into R diagonal (5), Step L forward into L diagonal (6) 9:00
- a7 - 8 Big step R forward into R diagonal (a), Drag L next to R (7 - 8), 9:00

Arms Styling - Bring both hands up to the R, Point index fingers down (5), Both hands up to the L, Point index fingers down (6), Both hands up to the R and slowly bring them down while pointing index fingers down (a7 – 8)

[17 - 24] Back LR, Triple ¾ Turn L, Pony Step forward, Hold, Turn L, Ball, Step

- 1 - 2 Step L backwards (1), Step R backwards (2) 9:00
- 3 & 4 ¼ Turn L Step L to L (3), Step R next to L (&), ½ Turn L Step L forward (4) 4:30
- 5 & 6 Cross R over L while hitching L knee (5), Close L behind R (&), Cross R over L while hitching L knee (6) 4:30
- 7 & 8 Hold (7), ½ Turn L Close L next to R (&), Step R forward (8) 3:00

[25 - 32] Step Hold with arms, Step Hold with arms, Forward, Brush to ¼ Turn R hitch with arms, Hold, Nod

- 1 & 2 & Step L forward, Bring both forearms in front of chest, R closest to chest, L furthest away from chest (1), Hold, Slap back of handpalms together in front of face (&), Hold, Return both forearms in front of chest (2), Hold, Pull both fists apart, R elbow to R, L elbow to L (&) 3:00
- 3 & 4 Step R forward, Rotate R wrist clockwise and L wrist counter-clockwise (3) Repeat both wrist rolls (&), Hold, Bring both hands down to each side and brush thighs (4) 3:00
- 5 - 6 Step L forward, Bring R hand up (5), Swing right hand down from front to back as you pivot ¼ Turn R (6) 6:00

a7 & 8 R hand continues swing up to Salute as you hitch R knee (a7), Nod head (&8) 6:00

TAG 1 After wall 2 and 5

- 1 - 8 Walk around in a circle, clock-wise
- 1 - 8 Walk R, L, R, L, R, L, R, L, as you make a full circle clockwise (1 – 8) 12:00

TAG 2 After wall 8

- 1 - 8 Side step, blow air, ball step, reach, put air back in your mouth!
- 1 Step R to R side, look to R diagonal mimic blowing air (1) 12:00
- 2 Tilt head back as you continue to blow air from R to L (2) 12:00

3 & 4 Step R next to L (3), Step L to L (&), Hold, Reach up with L hand to grab (4) 12:00
5 - 6 Bring L hand slowly in front of face (5 – 6) 12:00
7 - 8 Open L hand and mimic as if you are taking the breath back into your mouth (7 – 8) 12:00

Ending:

On the last wall when you do your hitch, ½ turn R to the front wall over your right shoulder and step R to R. This will have you facing the front wall at the end of the song. 12:00

START AGAIN AND HAVE FUNNNN

DARE TO BE UNIQUE
