Gossip on the Grapevine 2025



Count: 32 Wall: 4 Level: Absolute Beginner

Choreographer: Sher Mcintosh (CAN) - September 2025

Music: I Heard It Through the Grapevine - Marvin Gaye



NO TAG, NO RESTART

Section 1: R shuffle forward, L shuffle fwd, toe strut forward twice RL

1&2 R shuffle forward RLR

3&4 L shuffle forward LRL (AB who cannot shuffle may Walk 4 counts)

5 – 8 Right Toe Strut forward, Left toe strut forward

Section 2: Stomp R foot straight forward, rotate heel only out to far Left - far Right – then to centre,4 Hips RLRL on a slight angle facing left corner

1 – 4 Stomp R foot straight forward, rotate heel only: far left, far right, centre

5 – 8 4 single Hip thrusts RLRL on a bit of an angle (optional: lean shoulders in/out)

Section 3: *Stomp R forward on angle, Swivel L heel/toe/heel to meet it, Stomp L foot on an angle, swivel Right heel/toe/heel 3 times to meet left

1 – 4 Stomp R foot forward on an angle, Swivel left foot – heel/toe/heel to meet Right (*we are

flicking before the stomp as an embellishment)

5 – 8 Stomp L foot on an angle, swivel right foot heel/toe/heel to meet L (*we are flicking before the

stomp as an embellishment)

Section 4: R foot starts -Alternate Step touch four times, and turn 1/4 to the Right

1 – 8 Step R Touch L, Step L Touch R, Step R Touch L, Step L Touch R and make a 1/4 turn to

the Right

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