

Lasso

Count: 32

Wall: 4

Level: Improver

Choreographer: Jean-Pierre Madge (CH) - July 2025

Music: Lasso - Jake Banfield : (Album: Lasso - iTunes)



Intro: 16 counts from first beat (app. 10 seconds into track). Start with weight on L foot.

****2 tags:** End of 2nd wall, you will be facing 6:00 and end of 4th wall, you'll be facing 12:00

[1 – 8] Scuff out-out, Swivel heels, Sailor step, Sailor step 1/4L

- 1&2 Scuff RF forward (1), RF out (&), LF out (2), 12:00
- &3&4 Swivel R heel in (&), Swivel R heel out (3), Swivel L heel in (&), Swivel L heel out (4), 12:00
- 5&6 Cross RF behind L (5), LF to L side (&), RF to R side (6), 12:00
- 7&8 Cross LF behind R (7), ¼ L RF on place (&), LF forward (8), 9:00

[9 – 16] Walk x2, Mambo step, Walk back x2, Behind side cross

- 1-2 Step RF forward (1), Step LF forward (2), 9:00
- 3&4 Rock RF forward (3), Recover weight on LF (&), Step RF back (4) 9:00
- 5-6 Step LF back (5), Step RF back (6), 9:00
- 7&8 Cross LF behind RF (7), Step RF to R side (&), Cross LF over RF (8), 9:00

[17 – 24] ¼ L Hip roll x2, Shuffle, Step swivel heels ¼ R

- 1-2 ¼ L Step RF to R side pushing hips anticlockwise (1), Cross LF over RF (2) 6:00
- 3-4 ¼ L Step RF to R side pushing hips anticlockwise (3), Cross LF over RF (4) 3:00
- 5&6 Step RF forward (5), Bring LF next RF (&), Step RF forward (6), 3:00
- 7&8 Step LF forward (7), Swivel R heel in (&), Swivel L heel out doing ¼ R (8) 6:00

[25 – 32] Behind and heel and Cross and heel and Jazz box ¼ R

- 1&2& Cross RF behind LF (1), step LF to L side (&), R heel to R diagonal (2), Step RF to R side (&), 6:00
- 3&4& Cross LF over RF (3), Step RF to R side (&), L heel to L diagonal (4), Step LF to L side (&), 6:00
- 5-6 Cross RF over LF (5), Step LF back (6), 6:00
- 7-8 ¼ R Step RF forward (7), Step LF forward (8). 9:00

Tag 32c Stomp, Swivels in, Swivels out, Sweep, Behind, Cross, ¼ L Cross Shuffle with a Lasso

- 1 & 2 Stomp RF to R side (1), Swivel L heel in (&), Swivel L toe in (2),
- &3 – 4 Swivel L toe out (&), Swivel L heel out (3) weight end on LF, Step RF behind L and Sweep LF around (4)
- 5-6 Step LF behind RF (5), Step RF to R side (6),
- 7&8 Cross LF over RF (7), traveling to the R, make 1/8 L and Step RF to R side (&), traveling to the R, make 1/8 L and Cross LF over RF (8).

Hands : on count 7&8, bring your R hand over your head and swing it like if you were swinging a lasso to catch a horse.

Repeat 4 times the 8 counts to make the full tag.

Begin again!...