Yi Lu Zou Guo (一路走過)

Level: High Beginner

Choreographer: Sally Hung (TW) - July 2025

Music: 海來阿木 / 一路走過 (Yi Lu Zou Guo)

Tag happened after Wall 2 (facing 3:00), after Wall 4 (facing 12:00), after Wall 7 (facing 9:00), after Wall 9 (facing 3:00)

Intro: 16 counts

Tag (4 counts): Tag happened after Wall 2 (facing 3:00), after Wall 4 (facing 12:00), after Wall 7 (facing 9:00), after Wall 9 (facing 3:00)

- 12& Step R fwd, Pivot 1/2 turn L, Step R fwd
- 34& Step L fwd, Pivot 1/2 turn R, Step L fwd

MAIN DANCE (16 COUNTS)

Count: 16

S1. DIAGONAL SYNCOPATED ROCKING CHAIR, CROSS, 1/8 R SIDE, SIDE, SWEEP, SYNCOPATED WEAVE w/ 1/4 R FWD, CHASE 1/2 TURN R

- 1&2& Rock R fwd into L diagonal, Recover on L, Rock R back into R diagonal, Recover on L (10:30)
- 3&4& Cross R over L, 1/8 turn R rocking L to L side (12:00), Step R to R, Sweep L from back to the front
- 5&6& Step L over R, Step R to R, Step L behind R, 1/4 turn R stepping R fwd (3:00)
- 7&8 Step L fwd, Pivot 1/2 turn R, Step L fwd (9:00)

S2. REVERSE COASTER STEP, LOW KICK L, COASTER STEP, HITCH R, SIDE, DRAG, 1/4 L SIDE, DRAG, 1/4 L SIDE DRAGE, SIDE, DRAG

- 1&2& Step R fwd, Step L next to R, Step R back, Low kick L fwd
- 3&4& Step L back, Step R next to L, Step L fwd, Hitch R
- 5& Step R to R, drag L towards R (9:00)
- 1/4 turn L stepping L to L, Drag R towards L (6:00) 6&
- 7& 1/4 turn L stepping R to R, Drag L towards R (3:00)
- 8& Step L to L, Drag R towards L (3:00)

Enjoy!

Contact Sally Hung: hung1125@gmail.com





Wall: 4