The Sound of Silence Remix

Level: Easy Intermediate

Choreographer: Penny Tan (MY) - June 2025

Music: The Sound of Silence (CYRIL Remix) - Disturbed

Intro :16C (1 Tag / No Restart)

Count: 60

Tag (8C) at the end of W5 , facing 6:00

Tag:Side with Sways

1-8 Step RF to R with sway or hips bump R-L-R-L- R-L-R-L (weight on L)

SEC1:FIGURE OF 8

- 1-3 Step RF to R, step LF behind RF, ¼ turn R, step RF fwd (3:00)
- 4-5 Step LF fwd ,pivot ½ turn R by transferring weight onto R (9:00)
- 6-8 1/4 turn R , step LF to L , RF behind LF , step LF to L

SEC2:DIAGONAL ROCKING CHAIR , FWD SHUFFLE , PIVOT ½ TURN R

- 1-4 Diagonally L, step RF fwd, recover on L, step RF back, recover on L (10:30)
- 5&6 Fwd shuffle R-L-R
- 7-8 Step LF fwd , ¹/₂ turn R ,step LF fwd (4:30)

SEC3:DIAGONAL ROCKING CHAIR, FWD SHUFFLE, PIVOT 3/8 TURN R

- 1-4 Still facing 4:30, step LF fwd, recover on R, step LF back, recover on R
- 5&6 Fwd shuffle L-R-L
- 7-8 Step RF fwd , 3/8 turn L , step LF fwd (12:00)

SEC4:BASIC CHA CHA

- 1-2 Step RF fwd , recover on L
- 3&4 Back shuffle R-L-R
- 5-6 Step LF back , recover on R
- 7&8 Fwd shuffle L-R-L

SEC5:PADDLE 1/4 TURN L x4

- 1-2 Step RF fwd with hip roll , ¼ turn L , step LF on L (9:00)
- 3-4 Step RF fwd with hip roll , ¼ turn L , step LF on L (6:00)
- 5-6 Step RF fwd with hip roll , ¼ turn L , step LF on L (3:00)
- 7-8 Step RF fwd with hip roll , ¼ turn L , step LF on L (12:00)

SEC6: ROCKING CHAIR , FWD ,1/2 TURN L HOOK , FWD SHUFFLE

- 1-4 Step RF fwd , recover on L , step RF back, recover on L
- 5-6 Step RF fwd , ½ turn L with hook LF
- 7&8 Fwd shuffle L-R-L

SEC7:STEP WITH SLOW SWAY R-L

- 1-4 Step RF to R with slow sway to R
- 5-8 Step LF to L with slow sway to L (weight on L)

*Optional: On vocal "sound" put hand beside R ear , like you are hearing something , on vocal "silence" , put R or L index finger in front of your mouth

SEC8 (4C):SIDE , TOUCH R-L

- 1-2 Step RF to R , touch LF next to RF
- 3-4 Step LF to L, touch RF next to LF





Wall: 2