

Get Free EZ

Count: 32

Wall: 4

Level: Beginner / Beginner +

Choreographer: Angéline Fourmage (FR), Maryse Fourmage (FR), Gwendoline HOPIN (FR) & Marianne Langagne (FR) - May 2025

Music: Get Free - ILUKA



Intro: On the lyrics 'Put all'

Sequence: A-A-A-14-A-A-A

[1-8] Walk, Walk, V Step, Side-Rock, Recover

- 1 RF FW
- 2 LF FW
- 3 RF to the R side
- 4 LF to the L side
- 5 RF Back
- 6 LF next to RF
- 7 RF to the R side with 1/8 L (L Point Up)
- 8 Recover To LF with 1/8 R

[9-16] Point, Hitch, Cross, Point, Hitch, Cross, Step, ½ L, Runx3

- 1 Point RF to the R side
- & Hitch R
- 2 Cross RF over LF
- 3 Point LF to the L side
- & Hitch L
- 4 Cross LF over RF
- 5 RF FW
- 6 ½ L (Finish the weight on LF) *Restart
- 7 Run R
- & Run L
- 8 Run R

[17-24] Cross rock, Side, Hitch, Jazz-Box ¼ R

- 1 Cross LF over RF
- 2 Recover to RF
- 3 LF to the L side
- 4 RF Hitch
- 5 Cross RF over LF
- 6 LF Back
- 7 Make ¼ R with RF to the R side
- 8 Cross LF over RF

[25-32] Rock Step, Toe Strut, Rock Step, Toe Strut

- 1 RF FW
- 2 Recover to LF
- 3 Point RF Back
- 4 R Point down
- 5 LF back
- 6 Recover to RF
- 7 Point LF FW
- 8 L point down

Smile et enjoy the dance Contact: maellynedance@gmail.com
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