

Send It Up

Count: 32

Wall: 2

Level: Improver

Choreographer: Ploy Wantanaporn (THA) & Roosamekto Mamek (INA) - May 2025

Music: Send It Up - Spice



Intro : 32 count (Approximately 00: 29)

SEQUENCE:

32, 16, TAG 16 COUNT (2X),
32, 16, TAG 16 COUNT (2X)
32, 16, TAG 16 COUNT (2X)

S1. HEEL TAP, TOGETHER, JAZZBOX WITH HITCH, CROSS SHUFFLE, SYNCOPATED MONTERREY TURN 1/4 RIGHT

1&2& Tap R heel diagonal forward – Step R together – Tap L heel diagonal forward – Step L together (12:00)
3&4& Cross R over L – Step L back – Step R to side – Hitch L knee up
5&6 Cross L over R – Step R to side – Cross L over R
7&8& Touch R to side – Turn 1/4 right step R together – Touch L to side – Step L together (3:00)

S2. PIVOT 1/2 TURN LEFT, SIDE TAP WITH KNEE TWIST, CHUG TURN 1/4 RIGHT (3X), HITCH, CROSS

1-2 Step R forward – Turn 1/2 left weight on L (9:00)
3&4& Tap R toes to side with knee out – Knee in – Knee out – step R in place
5-6 Turn 1/4 right chug L to side (12:00) – Turn 1/4 right chug L to side (3:00)
7&8 Turn 1/4 right chug L to side (6:00) – Hitch L knee up – Cross L over R (6:00)

S3. SIDE, HITCH, SCISSOR STEP, SHUFFLE IN CIRCULAR MOTION FULL TURN LEFT (CONTINUOUS PROGRESSIVE CHASSE)

1&2& Step R to side – Hitch L knee up – Step L to side – Hitch R knee up (6:00)
3&4 Step R to side – Step L together – Cross R over L
5&6& Turn 1/4 left step L forward (3:00) – Step R together – Turn 1/4 left step L forward (12:00) – Step R together
7&8 Turn 1/4 left step L forward (9:00) – Step R together – Turn 1/4 left step L forward (6:00)

S4. SIDE LIFT GROOVE, L CUMBIA STEP, SYNCOPATED V STEP, BIG STEP FORWARD, TOGETHER

1&2 Step R to side and lift L up – Step L to side and lift R up – Step R to side and lift L up (6:00)
3&4 Step L to side – Rock R back – Recover on L
5&6& Step R diagonal forward – Step L diagonal forward – Step R back to center – Step L together
7-8 Step R forward and drag L toward R – Step L together (6:00)

REPEAT

TAG (16 count) :

S1. SIDE & TAP BALL BEHIND (R & L), SIDE STEP WITH BOUNCE (R & L), SIDE CHASSE WITH TOUCH (R & L)

1&2& Step R to side – Tap L ball behind R – Step L to side – Tap R ball behind L
3&4& Step R to side and rise heel up – Dropped R heel – Step L to side and rise heel up – Dropped L heel
5&6& Step R to side – Step L together – Step R to side – Touch L together
7&8& Step L to side – Step R together – Step L to side – Touch R together

S2. SYNCOPATED V STEP, TOUCH, TOGETHER, PIVOT 1/2 TURN LEFT (2X)

1&2& Step R diagonal forward – Step L diagonal forward – Step R back to center – Step L together

3&4& Touch R to side – Step R together – Touch L to side – Step L together
5-8 Step R forward – Turn 1/2 left weight on L – Step R forward – Turn 1/2 left weight on L

For more info about step sheet & song, please contact:

Ploy : pointshoes17@hotmail.com

Mamek : Roosamekto.Nugroho@gmail.com
