

Mom

Count: 32

Wall: 4

Level: Beginner

Choreographer: Sally Hung (TW) - May 2025

Music: Mom (feat. Kelli Trainor) - Meghan Trainor



Intro: 32 counts

Restart after finish 16 counts of Wall 9, facing 9:00

S1. SIDE, BEHIND POINT, SIDE, FLICK, CHASSE R, BACK ROCK, RECOVER

- 1,2 Step R to R side, Point L behind R
- 3,4 Step L to L side, Flick R behind L
- 5&6 Step R to R, Step L together, Step R to R
- 7,8 Rock L behind R, Recover on R

S2. SIDE, TOGETHER, CHASSE L W/ 1/4 TURN L, V STEP

- 1,2 Step L to the L, Step R beside L
- 3&4 Step L to the L, Step R beside L, 1/4 turn L stepping L fwd
- 5,6,7,8 Step R diagonally fwd R, Step L diagonally fwd L, Step R back to the center, Step L beside R

S3. POINT-TOGETHER (R-L), FWD, FLICK, BACK, HOOK

- 1,2,3,4 Point R to R side, Step R beside L, Point L to L side, Step L beside R
- 5,6,7,8 Step R fwd, Flick L behind R, Step back on L, Hook R over L

S4. STEP, PIVOT 1/2 TURN L, SHUFFLE FWD, FWD, SCUFF, ROCK , RECOVER

- 1,2 Step R fwd, Pivot 1/2 turn L
- 3&4 Shuffle fwd on RLR
- 5,6 Step L fwd, Scuff R
- 7,8 Step down and Rock R on a little diagonal R, Rock L back in place

Happy Mother's Day & Happy Dancing!

Contact Sally Hung: hung1125@gmail.com