

# Tai Yang Gu Niang (太阳姑娘)

**COPPER** KNOB  
STEPPERS

Count: 72

Wall: 1

Level: Phrased Improver

Choreographer: Penny Tan (MY) - April 2025

Music: Tai Yang Gu Niang (太阳姑娘) - Suo Lang Zha Xi (索朗扎西)



**No Tag / No Restart / Bridge (4C) x3**

**B\* : Dance Sec1 , add Bridge (4C) & continue with Sec2 & so on ~~~**

**Bridge :Step , Lock , Step , Together**

1-4 Step RF fwd(1) ,lock LF behind RF (2) ,step RF fwd (3) , step LF next to RF (4)

**SOD:AA B\* B AA B\* B A B\* B Ending (8C)**

**Part A (32C)**

**SEC1:WALK FWD , HITCH , SIDE , HITCH (R-L)**

1-4 Walk fwd R-L-R , hitch L knee fwd  
5-6 Step LF to L side, hitch R knee fwd  
7-8 Step RF to R side, hitch L knee fwd

**SEC2:WALK BACK , HITCH, SIDE , HITCH (R-L)**

1-4 Walk back L-R-L , hitch R knee fwd  
5-6 Step RF to R side, hitch L knee fwd  
7-8 Step LF to L side, hitch R knee fwd

**SEC3:WALK FWD DIAGONALLY,KICK (R-L)**

1-4 Walk fwd slightly R diagonal R-L , step to R side by squaring back facing 12:00 , kick LF fwd to L diagonal  
5-8 Walk fwd slightly L diagonal L-R , step LF to L side by squaring back facing 12:00 , kick RF fwd to R diagonal

**SEC4:SIDE , KICK (R-L-R-L)**

1-2 Step RF to R , kick LF over RF  
3-4 Step LF to L , kick RF over LF  
5-6 Step RF to R , kick LF over RF  
7-8 Step LF to L , kick RF over LF

**Part B (40C)**

**SEC1:FWD , FLICK , BACK , HOOK (x2)**

1-2 Step RF fwd , flick LF behind RF  
3-4 Step LF back, hook RF over LF  
5-6 Step RF fwd , flick LF behind RF  
7-8 Step LF back, hook RF over LF

**\*Bridge 4C here every first B**

**SEC2:FWD , RECOVER , ½ TURN R FWD SHUFFLE , FWD , RECOVER , ½ TURN L FWD SHUFFLE**

1-2 Rock RF fwd , recover on L  
3&4 ¼ turn R , step RF to R , step LF next to RF (3:00) , ¼ turn R , step RF fwd (6:00)  
5-6 Rock LF fwd , recover on R  
7&8 ¼ turn L , step LF to L , step RF next to LF (3:00) , ¼ turn L , step LF fwd (12:00)

**SEC3:STEP , FLICK (R-L-R-L)**

1-2 Step RF to R , flick LF behind RF  
3-4 Step LF to L, flick RF behind LF  
5-6 Step RF to R , flick LF behind RF

7-8                    Step LF to L, flick RF behind LF

**SEC4:1/4 TURN R , SMALL RUN , HITCH (x2)**

1-4                    ¼ turn R , small run fwd R-L-R , hitch L knee (3:00)

5-8                    ¼ turn R , small run fwd R-L-R , hitch L knee (6:00)

**SEC5:1/4 TURN R , SMALL RUN , HITCH (x2)**

1-4                    ¼ turn R , small run fwd R-L-R , hitch L knee (9:00)

5-8                    ¼ turn R , small run fwd R-L-R , hitch L knee (12:00)

**Have fun and happy dancing!**

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