

Bad Dreams

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Amy Christian (USA) - March 2025

Music: Bad Dreams - Teddy Swims



Intro: 32 counts. (no tags or restarts).

SIDE, TOUCH, SIDE, TOUCH, BACK X 3, TOGETHER,

1-4 Step R to right side, Touch L next to R, Step L to left side, Touch R next to L,
5-8 Go back R-L-R, Step L next to R,

SIDE, TOUCH, SIDE, TOUCH, FORWARD X 3, KICK,

1-4 Step R to right side, Touch L next to R, Step L to left side, Touch R next to L,
5-8 Walk forward R-L-R, Kick L forward,

BACK, TOUCH BACK, STEP FORWARD, KICK, STOMP OUT, SWIVEL IN HEEL-TOE-HEEL,

1-4 (Backwards Charleston) Step L back, Touch R back, Step R forward, Kick L,
5 Stomp L out to left side,
6-8 Swivel R Heel in, Swivel R Toe in, Swivel R Heel in, weight remains on L foot,

SIDE, TOUCH IN-OUT-IN, ¼ FORWARD, TOUCH IN-OUT-IN,

1-4 Step R out to right side, Touch L in-out-in,
5-8 ¼ Turn left stepping L forward, Touch R in-out-in, [9:00]

Start over!

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