

If You're Irish AB

Count: 32

Wall: 1

Level: Absolute Beginner

Choreographer: Helaine Norman (USA) - March 2025

Music: If You're Irish Come into the Parlour - O'Farrell Family Band

or: If You're Irish, Come Into The Parlour - Barnbrack

or: If You're Irish, Come Into the Parlour - Ruby Murray



INTRO: 16 - No tags or Restarts

I. STOMP, KICK, CHA-CHA-CHA; STOMP, KICK, CHA-CHA-CHA

1-2 Stomp R, kick R forward

3&4 Step in place: R L R

5-6 Stomp L, kick L forward

7&8 Step in place: L R L

II. FORWARD-CHA-CHA-CHA X2; PIVOT 1/4 L-TURN X2

1&2 Step R forward, step L together, step R forward

3&4 Step L forward, step R together, step L forward

5-6 Step R forward making 1/4 turn left, weight to L (9:00)

7-8 Step R forward making 1/4 turn left, weight to L (6:00)

III. TOUCH, TOUCH, CHA-CHA-CHA; TOUCH, TOUCH, CHA-CHA-CHA

1-2 Touch R forward, touch R side

3&4 Step in place: R L R

5-6 Touch L forward, touch L side

7&8 Step in place: L R L

IV. FORWARD-CHA-CHA-CHA X2; PIVOT 1/4 L-TURN X2

1&2 Step R forward, step L together, step R forward

3&4 Step L forward, step R together, step L forward

5-6 Step R forward making 1/4 turn left, weight to L (3:00)

7-8 Step R forward making 1/4 turn left, weight to L (12:00)

REPEAT

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