There's No One Man Show



Count: 32 Wall: 4 Level: Improver

Choreographer: Magali Chabret Erhard (FR) - June 2024

Music: ONE - Christopher



15 seconds intro

S1 – SIDE R.	DDAG BALL	CDOSS	SCISSUD (יפאפי	D KICK BALL	CDUSS
3	. DNAG. DALI	- UNUSS	. JUIJJUR L	JNUGG.	N NICK DALL	CRUGG

1-2	Large step Rf to R side – drag Lf towards Rf
&3	Step ball of Lf beside Rf – cross Rf over Lf

Step Lf to L side - close Rf next to Lf - cross Lf over Rf 4-5-6

7&8 Kick Rf diagonally forward R - step ball of Rf beside Lf - cross Lf over Rf

S2 - R SIDE ROCK, SAILOR 1/4 TURN R, PIVOT 1/2 TURN R, L TRIPLE FWD

1-2	Rock Rf to R side -	recover onto I f
1-2	170CV 171 tO 17 SIGE -	I CCOVCI UITO LI

3&4 Cross ball of Rf behind Lf - turn 1/4 R stepping Lf beside Rf - step Rf forward (3:00)

5-6 Step Lf forward – pivot 1/2 turn R, taking weight on Rf (9:00)

Step Lf forward - step Rf beside Lf - step Lf forward 7&8

S3 -R FWD ROCK, SWITCH, L FWD ROCK, STEP BACK, HEEL DRAG, BALL STEP, SWEEP

Rock Rf forward - recover onto Lf 1-2

&3-4 Step ball of Rf next to Lf – rock Lf forward – recover onto Rf

5-6 Large step Lf back – drag R heel towards Lf

&7-8 Step ball of Rf next to Lf – step Lf forward – sweep Rf from back to front

S4 - SYNCOPATED JAZZ BOX, HALF MONTEREY 1/4 TURN R, STEP, PIVOT 3/4 TURN L

1-2&3	Cross Rf over Lf -	- etan I f hack — et	an Pf to P sida —	cross I fover Pf
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4-5-6 Point Rf to R side – turn 1/4 R stepping Rf next to Lf – step Lf forward (12:00)

7-8 Step Rf forward – pivot 1/2 turn L, taking weight on Lf (6:00) & Make an extra 1/4 turn L to start the dance facing 3:00

Tag 1: after wall 4, facing 12:00:

1-2 Large step Rf to R side - drag Lf towards Rf &3 Step ball of Lf beside Rf - cross Rf over Lf

4-5 Step Lf to L side – close Rf next to Lf

6-7-8 Step Lf forward, make a circle above your head with right hand (palm facing downn), bring

right arm down in front of your waist, and put your right hand to the left side of your waist

leaning your body slightly forward (12:00)

Tag 2: after wall 8, facing 12:00:

Large step Rf to R side - drag Lf towards Rf 1-2 &3 Step ball of Lf beside Rf - cross Rf over Lf

4-5 Turn 1/4 R stepping Lf back – turn 1/4 R stepping Rf next to Lf (6:00)

6-7-8 Step Lf forward, make a circle above your head with right hand (palm facing downn), bring

right arm down in front of your waist, and put your right hand to the left side of your waist

leaning your body slightly forward (6:00)

« Croquez la vie à pleines danses! » Magali Chabret - galicountry76@yahoo.fr

Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.