

I Can't Stop Shaking

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Advanced Beginner

Choreographer: Georgie Mygrant (USA) - July 2023

Music: Back It Up - Caro Emerald



Intro: 32 counts

S1. R Kick Ball and Chain 2x's R, Step R Fwd. ½ turn L, Shuffle

1&2-3&4 Kick R fwd. Step on R, Step on L, Kick R fwd. Step on R, Step on L
5-6-7&8 Step R fwd. turning ½ to L, Shuffle fwd. R/L/R

S2. Step L fwd. Turn ½ R, Shuffle, Vine R, Triple Step

1-2-3&4 Step L fwd. Turn ½ R, Shuffle fwd. L/R/L
5-8 Step R to R side, L behind R, Step R, touch L to R

S3. Jazz Box L. Triple, Cross Point Fwd.

1-2-3&4 Step L over R, Step back on R turning ¼ L, Step on L/R/L
5-8 Step R fwd. Point L to L side, Step L fwd. Point R to R side

S4. Step Kick R/L

1-4 Step R fwd. Kick L, Step back on L, Step on R
5-8 Step L fwd. Kick R, Step back on R, Step on L

That's it! I do hope you like this routine. Worked hard on to make it for Advanced beginners. Please vote if you like it. Do not alter routine without my permission. Thank you, Georgie mygeo@adamswells.com or mygrantg@gmail.com