

The Four Mamas

COPPER KNOB
STEP SHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Adeline Cheng (MY), Jennifer Jones (USA), Rosie Multari (USA) & Georgie Mygrant (USA) - April 2023

Music: Mamas - Anne Wilson & Hillary Scott



Available on: iTunes and amazon.com

Begin dance on vocals, "I don't know" (16 counts in)

Section 1: WALK FWD. R,L, MAMBO FWD. WALK BACK, COASTER CROSS

1,2 Walk fwd. R, L,
3&4 R step fwd. L step in place, R step back
5,6 Walk back L, R
7&8 L step back, R step next to L, L cross over R (12:00)

Section 2: RUMBA FWD., RUMBA FWD., ¼ RIGHT TURN JAZZ BOX

1&2 R step right, L step next to R, R step fwd.
3&4 L step left, R step next to L, L step fwd.
5,6,7,8 R cross over L, step back on L, R step ¼ turn right, L step next to R (3:00)

Section 3: STEP BACK, TOUCH, (x4), SIDE ROCK CROSS, SIDE ROCK ¼ TURN RIGHT

1&2& R step back, L touch next to R, L step back, R touch next to L
3&4& R step back, L touch next to R, L step back, R touch next to L
5&6, R rock right, recover L, R cross over L
7&8 L rock left, ¼ turn right, R step right, L step fwd. (6:00)

Section 4: LOCKSTEP FWD. BRUSH, R & L, STEP ½ PIVOT, STEP ¼ PIVOT

1&2& R step fwd. Lock L behind R, R step fwd., L brush
3&4& L step fwd. Lock R behind L, L step fwd., R brush
5,6, R step fwd., pivot ½ turn left, shift weight to left (12:00)
7,8 R step fwd. pivot ¼ turn left, shift weight to left (9:00)

***TAG: AT THE END OF WALL 1, (FACING 9:00) ADD: SWAY RIGHT, SWAY LEFT (count 1,2) then begin the dance again.**

****RESTARTS:** for those attuned to them, we chose not to have multiple restarts since we can stay on the beat throughout the song.

*****To end on the front wall : wall 8, you will be facing 3:00, after count 8: step R fwd., ¼ pivot left, L step in place**

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Enjoy the dance ☐

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