

Concrete & Country



Count: 64

Wall: 2

Level: Beginner

Choreographer: Rachael McEnaney (USA) - March 2023

Music: Concrete & Country - Concrete & Country : (iTunes & Spotify)



Count In: Dance begins 64 counts from the start of the track, dance begins on vocals.

[1 - 8] 2X R HEEL DIGS, R GRAPEVINE

1 2 3 4 Touch R heel forward [1]. Touch R next to L [2]. Touch R heel forward [3]. Touch R next to L [4] 12,00
5 6 7 8 Step R to right side [5]. Cross L behind R [6]. Step R to right side [7]. Touch L next to R [8] 12,00

[9 - 16] 2X L HEEL DIGS, L GRAPEVINE

1 2 3 4 Touch L heel forward [1]. Touch L next to R [2]. Touch L heel forward [3]. Touch L next to R [4] 12,00
5 6 7 8 Step L to left side [5]. Cross R behind L [6]. Step L to left side [7]. Touch R next to L [8] 12,00

[17 - 24] K-STEP (R DIAGONAL FWD, L TOUCH, L DIAGONAL BACK, R TOUCH, R DIAGONAL BACK, L TOUCH, L DIAGONAL FWD, R TOUCH)

1 2 3 4 Step R to right diagonal [1]. Touch L next to R [2]. Step L back to left diagonal [3]. Touch R next to L [4] 12,00
5 6 7 8 Step R back to right diagonal [5]. Touch L next to R [6]. Step L forward to left diagonal [7]. Touch R next to L [8] 12,00

[25 - 32] R FWD, HOLD, 1/4 PIVOT L, HOLD, R FWD, HOLD, 1/4 PIVOT L, HOLD - SNAP FINGERS FOR STYLING ON THE HOLDS

1 2 3 4 Step R forward [1]. Hold [2]. Pivot 1/4 turn left (weight ends L) [3]. Hold [4] 9,00
5 6 7 8 Step R forward [5]. Hold [6]. Pivot 1/4 turn left (weight ends L) [7]. Hold [8] 6,00

[33 - 40] 2X R DIAGONAL STEPS FORWARD, 2 X L DIAGONAL STEPS FORWARD

1 2 3 4 Step R fwd to right diagonal [1]. Step L next to R [2]. Step R fwd to right diagonal [3]. Touch L next to R [4] 6,00
5 6 7 8 Step L fwd to left diagonal [5]. Step R next to L [6]. Step L fwd to left diagonal [7]. Touch R next to L [8] 6,00

[41 - 48] 4 X DIAGONAL BACK WITH TOUCH AND CLAPS (R-L-R-L)

1 2 Step R back to right diagonal [1]. Touch L next to R as you clap hands [2]. 6,00
3 4 Step L back to left diagonal [3]. Touch R next to L as you clap hands [4] 6,00
5 6 Step R back to right diagonal [5]. Touch L next to R as you clap hands [6]. 6,00
7 8 Step L back to left diagonal [7]. Touch R next to L as you clap hands [8] 6,00

[49 - 56] R STOMP, 3X R HEEL BOUNCES, L STOMP, 3X L HEEL BOUNCES

1 2 3 4 Stomp R forward [1]. Bounce/Tap R heel to floor 3 times [2,3,4] 6,00
5 6 7 8 Stomp L forward [5]. Bounce/Tap L heel to floor 3 times [6,7,8] 6,00

[57 - 64] R ROCKING CHAIR, JUMP OUT R-L, HIP BUMPS L-R-L

1 2 3 4 Rock R forward [1]. Recover weight L [2]. Rock R back [3]. Recover weight R [4] 6,00
&5 6 7 8 Step R to right [&]. Step L to left [1]. Bump hips L [2]. Bump hips R [3]. Bump hips L [4] 6,00

START AGAIN ☺ HAVE FUN