

STressed Out

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Andrico Yusran (INA) - July 2022

Music: DJ STRESSED OUT KOPLO 2022 (Remix)



Tag : 4 counts after wall 6

Restart : On wall 4 & 13 after 16 counts

Start dance after intro music 32 counts

S1. *SIDE - CLOSE - SIDE - CLOSE TOUCH - ROCKING CHAIR*

1-4 Step R to side , L close beside R , R side , L close touch beside R

5-8 L forward , R in place , L back , R in place

S2. *SIDE - CLOSE - SIDE - CLOSE TOUCH - ROCKING CHAIR*

1-4 Step L to side , R close beside L , L side , R close touch beside L

5-8 R forward , L in place , R back , L in place (weight On L)

(Restart Here On 4 & 13)

S3. *JAZZ BOX 1/4 TURN R - V STEPS*

1-4 Step R cross over L , L back 1/4 turn to R , R to side , L forward

5-8 R forward diagonal to R , L forward diagonal to L , R back to center , L close beside R

S4. *FORWARD - SIDE TOUCH (R-L) - BACK - CLOSE - SIDE TOUCH - CLOSE TOUCH*

1-4 Step R forward , L side touch , L forward , R side touch

5-8 R backward , L close beside R , R side touch , R close touch beside L

TAG 4 COUNTS

SIDE - CROSS TOUCH BEHIND - SIDE - CLOSE TOUCH

1-4 Step R to side , L cross touch behind R , L to side , R close touch beside L

Dancing with Your Heart...♥