

Lost Track

Count: 32

Wall: 2

Level: Beginner

Choreographer: Angéline Fourmage (FR) & Maryse Fourmage (FR) - 5 August 2022

Music: Lost Track - HAIM



Start: On the lyrics (Start Face on Face)

[1-8] Rock-Step, Step, Hold, Toe-Strut, Toe-Strut

- 1-2 RF back, Recover to LF
- 3-4 RF FW, Hold
- 5-6 L Toe FW, Drop L Heel
- 7-8 R Toe FW, Drop R Heel

[9-16] Jazz-Box

- 1-2 Cross LF over RF, Hold
- 3-4 RF Back, Hold
- 5-6 LF to the L side, Hold
- 7-8 Cross RF over LF, Hold

[17-24] Rumba-Box modified

- 1-2 LF to the L side, RF next to LF
- 3-4 Big Step LF FW, Hold
- 5-6 RF to the R side, LF next to RF
- 7-8 RF FW, Hold

[25-32] Step-Turn ½ R, Run, Run, Run, Side, Kick, Side, Kick

- 1-2 LF FW, ½ R
- 3&4 LF FW, RF FW, LF FW *(Option)
- 5-6 RF to the R side, Kick LF FW on R Diagonal (Clapping the hands of the person in front)
- 7-8 LF to the L side, Kick RF FW on L Diagonal (Clapping the hands of the person in front)

***(Option 3-4 : Big L Step)**

NOTA: For hands and option, see video.

Smile and enjoy the dance

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