

This Old Love Thang

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: High Beginner / Improver

Choreographer: Helaine Norman (USA) - March 2022

Music: Before I Knew It - Mason Ramsey : (Album: Twang)



Intro: 32 - Tag: 1 Restarts: 1

I. LINDY; ROCK RECOVER, BACK, HITCH

- 1&2 Step R side, step L together, step R side
- 3-4 Rock L back, recover to R
- 5-6 Rock L forward, recover to R
- 7-8 Step L back, hitch R (12:00)

II. BACK COASTER, 1/2 PIVOT R TURN; TRIPLE 1/2 R TURN, 1/4 PIVOT L TURN (9:00)

- 1&2 Step R back, step L together, step R forward
- 3-4 Step L forward, making 1/2 turn right, step R
- 5&6 Step L making 1/4 turn right (9:00), step R together, step L (slightly forward) making 1/4 turn right (12:00)
- 7-8 Step R forward making 1/4 turn left, weight to L (9:00)

III. CROSSING SHUFFLE, SIDE ROCK RECOVER; BEHIND SIDE CROSS, ROCK RECOVER, 1/4 L TURN (6:00)

- 1&2 Step R over L, step L, step R over
- 3-4 Rock L side, recover to R
- 5&6 Step L behind, step R side, step L over
- 7-8 Rock R side, recover to L making 1/4 turn left (6:00)

***Restart: Wall 9 facing 6:00**

IV. 1/4 R TURN JAZZ BOX; SIDE SWITCHES, TOUCH HOLD (9:00)

- 1-4 Step R over, step L back, step R side, step L together
- 5&6 Point R side, step R together, point L side
- &7-8 Step L together, touch R together, hold (9:00)

Optional for counts 7-8: Touch R heel forward, hitch R (small)

REPEAT

TAG: Repeat Section I. End of Wall 4 - facing 12:00.

***RESTART: Wall 9 - facing 6:00 - after Section III (24 counts).**

Contact: helaine43@gmail.com

Last Update - 17 Mar 2022 r3