

Bad Habits

Count: 32

Wall: 2

Level: Beginner

Choreographer: Judy Rodgers (USA) - February 2022

Music: Bad Habits - Ed Sheeran



#16 count intro (on vocals) - 1 Tag

S1: Step tap, back kick, rock back, shuffle

- 1-2 Step R fwd, tap L toe beside R
- 3-4 Step L back, kick R fwd
- 5-6 Rock R back, recover L
- 7&8 Shuffle fwd R L R

S2: Step, turn 1/4 R, cross toe strut, side toe strut, rock recover

- 1-2 Step L fwd, turn 1/4 R step R to right side 3:00
- 3-4 Cross/tap L toe over R, step down on L
- 5-6 Step/tap R toe to right side, step down on R
- 7-8 Rock L behind R, recover R

S3: Step/dip L & R with touch, rock recover, shuffle turn 1/2 L

- 1-2 Step/dip L to left side, touch R to right diagonal
- 3-4 Step/dip R to right side, touch L to left diagonal
- 5-6 Rock L fwd, recover R
- 7&8 Turn 1/2 L shuffle fwd L R L 9:00

S4: Step, hold, & step, hold, cross, turn 1/4 L, side, touch

- 1-2 Step R to right side, hold
- &3-4 Step L beside R, step R to right side, hold
- 5-8 Cross L over R, turn 1/4 left step R back, step L to left side, touch R beside L 6:00

Tag: After Wall 5 add 4 counts (V-step):

- 1-2 Step R fwd to right diagonal, step L fwd to left diagonal
 - 3-4 Step R back to center, step L back to center
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