

This Is Love

COPPER KNOB
STEPSHEETS

Count: 48

Wall: 2

Level: Intermediate

Choreographer: Emma Carroll (UK), Melanie Dale (UK), Alison Metelnick (UK) & Peter Metelnick (UK) - May 2020

Music: L.O.V.E. - Westlife



For the 2020 Linedance Foundation Choreography Raffle

Music Available, Amazon

Phrased line dance – 48,32,48,32,48,32,32

Start after 16 count intro – approx. 9 secs – 2 mins 53 sec – 103bpm

[1-8] Walk fwd R/L, step R fwd to R diagonal, step L apart, R tog, L fwd, R tog, L fwd rock/recover, ¼ L & R cross shuffle

1-2 Step R forward, step L forward

&3&4 Step R forward to R diagonal, step L apart, step R together, step L forward

&5-6 Step R together, rock L forward, recover weight on R

&7&8 Turning ¼ left step L side, cross step R over L, step L side, cross step R over L (9 o'clock)

[&9-16] L side, R cross rock/recover, R back, L cross shuffle, ¼ R & R fwd, ½ R chase turn, R forward

&1-2 Step L side, cross rock R over L, recover weight on L

&3&4 Step R back, cross step L over, step R side, cross step L over R

5, 6&7 Turning ¼ right step R forward, step L forward, pivot ½ right, step L forward (6 o'clock)

8 Step R forward

[17-24] L kick ball point, R together, L side rock/recover, L together, R fwd rock/recover, R back, touch L, L back, touch R

1&2 Kick L forward, step L together, point R side

&3-4 Step R together, rock L side, recover weight on R

&5-6 Step L together, rock R forward, recover weight on L

&7&8 Step R back, touch L to R toes, step L back, touch R to L toes (6 o'clock)

Counts &23-24 travel backwards in your line of dance

[25-32] ¼ R step R side, point L to L, L samba, R samba, L cross rock/recover, ¼ L step L fwd

&1 Turning ¼ right step R to right side, point L toes to left side (9 o'clock)

2&3 Cross step L over R, step R back to R side, step L to left side

4&5 Cross step R over L, step L back to L side, step R to right side

6-8 Cross rock L over R, recover weight on R, turning ¼ left step L forward (6 o'clock)

Restart here on walls: 2, 4, 6 (all restarts face front wall)

Ending: Dance to count 32 of the dance, turn ½ left on ball of L foot to face front & point R toes to right side TA! DA!

[33-40] R fwd, touch L toes fwd, touch L toes to L side, ¼ L toaster step, R fwd rock/recover, R back, lock L over R, R back, lock L over R

&1-2 Step R forward, touch L toes forward, touch L toes side left

3&4 Turning ¼ left step L back, step R together, step L forward (3 o'clock)

5-6 Rock R forward, recover weight on L

&7&8 Step R back, lock L over R, step R back, lock L over R

[41-48] R back, L coaster step, ¼ R jazz box, L fwd rock/recover, L back hook R

1, 2&3 Step R back, step L back, step R together, step L forward

4-6 Cross step R over L, step L back, turning ¼ R step R side (6 o'clock)

7&8 Rock L forward, recover weight on R, step L back as you hook R across left

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