

My Only Intentions

Count: 32

Wall: 2

Level: Improver

Choreographer: Judy Rodgers (USA) - April 2020

Music: Intentions (feat. Quavo) - Justin Bieber : (Album: Changes)



Intro: 16 (counting slow beat..start on vocals) - No Tags Or Restarts

Step sweep/behind side, cross & cross, turn 1/4 R turn 1/4 R step, sway sway sway

- 1-2& Step L large step to left side, sweep/step R behind L, step L to left side
- 3&4 Cross R over L, step L to left side, cross R over L
- 5-6& Turn 1/4 right step L back, turn 1/4 right step R to right side, step L beside R - 6:00
- 7&8 Sway sway sway (R L R)

Step lock step, rock recover cross, turn 1/4 R rock recover, step side rock

- 1-2& Step L fwd, lock R behind L, step L fwd
- 3&4 Rock R to right side, recover L, cross R over L
- 5-6& Turn 1/4 right step L back, rock R back, recover L - 9:00
- 7&8 Step R fwd, rock L to left side, recover R

Cross rock side, cross rock turn 1/4 R, rock recover turn 1/2 L, rock recover back

- 1-2& Cross rock L over R, recover R, step L to left side
- 3-4& Cross rock R over L, recover L, turn 1/4 right step R fwd - 12:00
- 5-6& Rock L fwd, recover R, turn 1/2 left step L fwd - 6:00
- 7&8 Rock R fwd, recover L, step R back

Rock recover together, side together fwd, side together fwd, step lock step

- 1-2& Rock L to left side, recover R, step L beside R
 - 3&4 Step R to right side, step L beside R, step R fwd
 - 5-6& Step L to left side, step R beside L, step L fwd
 - 7&8 Step R fwd, lock/step L behind R, step R fwd - 6:00
-