

Blue, Black & Red

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Easy Improver

Choreographer: Sophie Ruhling (FR) - March 2020

Music: Covered in Regret (Blue, Black & Red) - Jessie Buckley : (Album: Wild Rose Official Motion Picture)



#16 count intro – CW - 1 TAG - 1 ENDING

SECT.1 : CROSS TRIPLE STEP TO R, ROCK STEP R SIDE, CROSS TRIPLE STEP TO L, 1/4 TURN R X2

1&2 cross L over R, step R beside L, cross L over R

3-4 rock step R to R side, recover onto L

***ending here wall 15 (6.00) : 1/4 turn L X2 on counts 3-4 : 1/4 turn L back R, 1/4 turn L walk L**

5&6 cross R over L, step L beside R, cross R over L

7-8 1/4 turn R back L, 1/4 turn R walk R (6.00)

SECT.2 : TRIPLE STEP L FWD, ROCK STEP R FWD, COASTER STEP R BACK, TWIST 1/2 TURN R

1&2 walk L, walk R beside L, walk L

3-4 rock step R fwd, recover onto L

5&6 back R, back L beside R, walk R

7-8 cross L over R, untwist 1/2 turn R (weight on L) (12.00)

SECT.3 : WALK R DIAGONAL R, TOUCH L, KICK BALL CROSS L, WALK L DIAGONAL L, TOUCH R, KICK BALL CROSS R

1-2 walk R to R diagonal, touch L beside R

3&4 kick L fwd, step L ball in place, cross R over L

5-6 walk L to L diagonal, touch R beside L

7&8 kick R fwd, step R ball in place, cross L over R

SECT.4 : STEP R TO R SIDE, STEP L BESIDE R, STEP R TO R SIDE, STEP L BESIDE R, CROSS R OVER L, TRIPLE STEP L TO L SIDE, 1/4 TURN R, TRIPLE STEP R TO R SIDE

1-2 step R to R side, step L beside R

3&4 step R to R side, step L beside R, cross R over L

5&6 step L to L side, step R beside L, step L to L side

7&8 1/4 turn R step R to R side, step L beside R, step R to R side (3.00)

***Tag here wall 9 (3.00) : 1-4 WEAVE TO R : cross L over R, step R to R side, cross L behind R, step R to R side**

PS : the music slows down at the beginning of wall 10: keep on dancing following the tempo which increases again.

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