No Tears Left



Count: 32 Wall: 4 Level: Absolute Beginner

Choreographer: Amy Christian (USA) - January 2020

Music: no tears left to cry - Ariana Grande

Intro: 16 counts after the beat kicks in. (At 0:30secs).

STEP FWD, HOLD, STEP FWD, HOLD, OUT, OUT, IN, IN,

1-4 Step R fwd, Hold, Step L fwd, Hold,

5-8 Step R out to right side, Step L out to left side, Step R in, Step L next to R,

1/4 TURN RIGHT - STEP FWD, HOLD, STEP FWD, HOLD, OUT, OUT, IN, IN,

1-4 Make a ¼ turn right and Step R fwd, Hold, Step L fwd, Hold, [3:00]

5-8 Step R out to right side, Step L out to left side, Step R in, Step L next to R,

VINE R, STEP SIDE, TOUCH, STEP SIDE, TOUCH,

1-4 (Vine R), Step R to right side, Step L behind R, Step R to right side, Touch L next to R,

5-8 Step R to right side, Touch L next to R, Step L to left side, Touch R next to L,

VINE L, ROCKING CHAIR,

1-4 (Vine L), Step L to left side, Step R behind L, Step L to left side, Touch R next to L,
5-8 (Rocking Chair), Rock fwd on R, Recover on L, Rock back on R, Recover fwd on L,

Start over!

*RESTART Happens once on Wall 5 – Dance 16 counts and start over.

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