

Dream Myself to SLEEP

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Val Saari (CAN) - January 2019

Music: Born and Raised - Hunter Brothers



HEEL SWITCHES X 2 (RL), TOE-STRUTS IN PLACE X 2 (RL)

- 1-2 Touch R Heel forward on floor, Step RF beside L
- 3-4 Touch L Heel forward on floor, Step LF beside R
- 5-6 Touch RF toes in place, Step RF heel down
- 7-8 Touch LF toes beside RF, Step LF heel down

CROSS ROCK, TRIPLE RIGHT, CROSS ROCK, TRIPLE LEFT 1/4 PIVOT L

- 1-2 Cross RF over LF, Recover LF
- 3&4 Step RF right, Step LF together, Step RF right
- 5-6 Cross LF over RF, Recover RF
- 7&8 Step LF left, Step RF together, Step LF 1/4 Pivot left

STOMP KICK, TRIPLE STEP X 2, (R,L)

- 1-2 Stomp RF, Kick RF forward
- 3&4 Recover RF, Step LF in place, Step RF in place
- 5-6 Stomp LF, Kick LF forward
- 7&8 Recover LF, Step RF in place, Step LF in place

SIDE TOGETHER TO THE RIGHT, HITCH, LINDY LEFT

- 1-2 Step RF right, Step LF together
- 3-4 Step RF right, Hitch LF
- 5&6 Shuffle left, LRL
- 7-8 Rock back on RF, Recover on LF

REPEAT - No Tags, No Restarts

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027
