

On The Loose (EZ)

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Amy Christian (USA) - May 2018

Music: On the Loose - Niall Horan



Intro: 32 counts. Start on Lyrics.

ROCK FWD, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE FWD,

- 1-2 Rock fwd on R, Recover back on L.
- 3&4 Shuffle back R-L-R,
- 5-6 Rock back on L, Recover fwd on R,
- 7&8 Shuffle fwd L-R-L,

STEP, PIVOT ½, SHUFFLE FWD, STEP, PIVOTE ¼, TOGETHER, HOLD,

- 1-2 Step fwd on R, Pivot ½ turn left stepping fwd on L, [6:00]
- 3&4 Shuffle fwd R-L-R,
- 5-6 Step fwd on L, Pivot ¼ turn right, stepping R to right side, [9:00]
- 7-8 Step L next to R, Hold,

¼ MONTEREY, ¼ MONTEREY,

- 1-2 Touch R out to right side, With weight on L – (lift L heel off the floor) - twist ¼ right, stepping R next to L, [12:00]
- 3-4 Touch L out to left side, Step L next to R,
- 5-6 Touch R out to right side, With weight on L – (lift L heel off the floor) - twist ¼ right, stepping R next to L, [3:00]
- 7-8 Touch L out to left side, Step L next to R,

JAZZ BOX, KICKBALL CHANGE, KICKBALL CHANGE,

- 1-4 Cross R over L, Step L back, Step R to right side, Step L slightly fwd,
- 5&6 Kick R fwd, Step back on ball of R, Step L fwd (Kickball change),
- 7&8 Kick R fwd, Step back on ball of R, Step L fwd (Kickball change),

Start over!

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