

Ob-La-Di Ob-La-Da Life Goes On

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Val Saari (CAN) - March 2018

Music: Ob-La-Di, Ob-La-Da - The Beatles : (iTunes)



S1: 2 SIDE TOUCHES (R,L), LINDY RIGHT

- 1-2 Step RF to right, Touch LF beside Right
- 3-4 Step LF to left, Touch RF beside LF
- 5&6 Shuffle right, RLR
- 7-8 Rock back on LF, Recover on RF

S2: 2 SIDE TOUCHES (L,R), LINDY LEFT

- 1-2 Step LF to left, Touch RF beside LF
- 3-4 Step RF to right, Touch LF beside Right
- 5&6 Shuffle left, LRL
- 7-8 Rock back on RF, Recover on LF

S3: TOE/HEEL FORWARD X 2, TOE/HEEL BACK X 2

- 1-2 Step RF forward on toe, Step down on heel
- 3-4 Step LF forward, Step down on heel
- 5-8 Step RF back on toe, Step down on heel
- 7-8 Step LF back beside R, Step down on heel

S4: SHUFFLE FORWARD X 2, STEP PIVOT 1/4 LEFT

- 1&2 Shuffle forward RLR
- 3&4 Shuffle forward LRL
- 5-6 Step RF forward
- 7-8 Pivot 1/4 turn left (weight on Left)

REPEAT
