

Blame It On The Girls (該死的女孩) (zh)

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Kate Sala (UK) - 2010年02月

Music: Blame It On the Girls - MIKA : (CD: The Boy Who Knew Too Much)



前奏 : Start just after vocals - 24 counts from the first heavy beat. 24拍後唱歌起跳

第一段 Vine Right, Cross, Side Rock, Cross, Hold,
右華倫, 交叉, 側下沉 回復, 交叉, 候

1-4 Step R to R side. Cross step L behind R. Step R to R side. Cross step L over R.
右足右踏, 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏

5-8 Rock out on R to R side. Recover onto L. Cross step R over L. Hold.
右足右下沉, 左足回復, 右足於左足前交叉踏, 候

第二段 Side Left, Together, Forward, Hold, Step, Pivot ½ Turn Left, Step, Hold. 左, 併, 前, 候, 踏, 轉, 踏, 候

1-4 Step L to L side. Step R next to L. Step forward on L. Hold.
左足左踏, 右足併踏, 左足前踏, 候

5-8 Step forward on R. Pivot ½ turn L. Step forward on R. Hold.
右足前踏, 左軸轉180度, 右足前踏, 候

第三段 Vine Left, Cross, Side Rock, Cross, Hold.
左華倫, 交叉, 側下沉 回復, 交叉, 候

1-4 Step L to L side. Cross step R behind L. Step L to L side. Cross step R over L.
左足左踏, 右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏

5-8 Rock out to L side on L. Recover onto R. Cross step L over R. Hold.
左足左下沉, 右足回復, 左足於右足前交叉踏, 候

第四段 Toe, Heel, Kick Ball Cross, Toe Strut, Cross Toe Strut.
趾, 踵, 踢 併 交叉, 趾 踵, 交叉趾 踵

1-2 Touch R toe next to L instep with toe turned in. Dig R heel next to L instep with toe turned out.
右足趾轉向內併點, 右足踵併踏足趾轉向外

3&4 Kick R to R diagonal. Step down on ball of R. Cross step L over R.
右足右斜角踢, 右足踏, 左足於右足前交叉踏

5-8 Step on ball of R to R side. Drop heel down. Cross step on ball of L in front R. Drop heel down.
右足趾右踏, 右足踵踏, 左足趾於右足前交叉踏, 左足踵踏

第五段 Chasse Right, Rock Back, Chasse Left, Rock Back.
右追步, 後下沉 回復, 左追步, 後下沉 回復

1&2 Step R to R side. Step L next to R. Step R to R side.
右足右踏, 左足併踏, 右足右踏

3-4 Rock back on L. Recover onto R. 左足後下沉, 右足回復

5&6 Step L to L side. Step R next to L. Step L to L side.
左足左踏, 右足併踏, 左足左踏

7-8 Rock back on R. Recover onto L. 右足後下沉, 左足回復

第六段 Side Touch Right, Cross, Side Touch Left, Cross, Kick Ball Change, Step Pivot ½ Turn Left. 右點, 交叉, 左點, 交叉, 踢 併 踏, 踏 轉

1-4	Touch R toe out to R side. Cross step R over L. Touch L toe out to L side. Cross step L over R. 右足趾右點, 右足於左足前交叉踏, 左足趾左點, 左足於右足前交叉踏
5&6	Kick R forward. Step down on ball of R. Step down on L. 右足前踢, 右足踏, 左足踏
7-8	Step forward on R. Pivot ½ turn L. 右足前踏, 左軸轉180度
第七段	Step, Hold, Full Turn Right, Step Pivot 1/4 Turn Right, Cross, Step Right. 踏, 候, 右轉圈, 踏 轉1/4, 交叉, 右踏
1-2	Step forward on R. Hold. 右足前踏, 候
3-4	Turn ½ R stepping back on L. Turn ½ R stepping forward on R. 右轉180度左足後踏, 右轉180度右足前踏
5-6	Step forward on L. Pivot 1/4 turn R. 左足前踏, 右軸轉90度
7-8	Cross step L over R. Step R to R side. 左足於右足前交叉踏, 右足右踏
第八段	Cross Rock Back on Left, Side Step L, Cross Rock Back on Right, Side Step R, Syncopated Weave Right. 後交叉下沉 回復 左踏, 後交叉下沉 回復 右踏, 後 旁 前
1-3	Cross rock on L behind R. Recover onto R. Step L to L side. 左足於右足後交叉下沉, 右足回復, 左足左踏
4-6	Cross rock on R behind L. Recover onto L. Step R to R side. 右足於左足後交叉下沉, 左足回復, 右足右踏
7&8	Cross step L behind R. Step R to R side. Cross step L over R. 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏
