

Baby Believe (請相信我) (zh)

COPPER KNOB
STEPSHEETS

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Peter Metelnick (UK) & Alison Metelnick (UK) - 2008年09月

Music: Baby Believe - Kristy Lee Cook : (CD: Why Wait)



前奏 : Start after 36 count intro on verse vocals

第一段 L Fwd, ¼ L Sweep Over 2 Counts, R Cross Step, ½ R Hinge
左前, 以2拍左繞1/4, 右交叉踏, 右轉1/2

1-3 Step L forward, sweep R foot around turning ¼ left over 2 counts (9 o'clock) 左足前踏, 右足以2拍左繞轉90度(面向9點鐘)

4-6 Cross step R over L, turning ¼ right step L back, turning ¼ right step R to side (3 o'clock) 右足於左足前交叉踏, 右轉90度左足後踏, 右轉90度右足右踏(面向3點鐘)

第二段 L Twinkle, L Weave 3 左華士步, 左3拍藤步

1-3 Cross step L over R, step R side, step L together
左足於右足前交叉踏, 右足右踏, 左足併踏

4-6 Cross step R over L, step L to side, cross step R behind L (3 o'clock) 右足於左足前交叉踏, 左足左踏, 右足於左足後交叉踏(面向3點鐘)

第三段 L Step Drag, Full R Turn 左踏拖, 右轉圈

1-3 Step L to side, draw R together over 2 counts (weight remains on L) 左足左踏, 右足以2拍拖併(重心在左足)

4-6 Turning ¼ right step R forward, turning ½ right step L back, turning ¼ right step R side (3 o'clock) 右轉90度右足前踏, 右轉180度左足後踏, 右轉90度右足右踏(面向3點鐘)

第四段 L Cross Step, R Point, Hold, R Behind-Side-Diagonal Fwd
左交叉踏, 右點, 候, 右後-旁-斜角前

1-3 Cross step L over R, point R side, hold
左足於右足前交叉踏, 右足右點, 候

4-6 Cross step R behind L, step L side, turning 1/8 left towards diagonal (1:30), step R forward 右足於左足後交叉踏, 左足左踏, 左轉45度面向斜角線(1:30)右足前踏

第五段 ½ L Chase Turn, Run Fwd 3 左追轉1/2, 前跑三次

1-3 Step L forward, step R forward, pivot ½ left (7:30) 左足前踏, 右足前踏, 左轉180度(面向7:30)

4-6 Run forward R, L, R 前跑步-右, 左, 右

第六段 ½ L Chase Turn, R Fwd, R Full Turn Fwd
左追轉1/2, 右前, 右前轉圈

1-3 Step L forward, step R forward, pivot ½ left (1:30) 左足前踏, 右足前踏, 左轉180度(面向1:30)

4-6 Step R forward (extended 5th), turning ½ right step L back, turning ½ right step R forward (1:30) 右足前踏, 右轉180度左足後踏, 右轉180度右足前踏(面向1:30)

第七段 L Fwd, Lift R 2x, R Cross Over L, L Unwind ¾-ish, Sweep L Behind R 左前, 右抬二次, 右前交叉, 左繞3/4, 左繞至右後

1-3 Step L forward, lift R, lift R 左足前踏, 右足抬, 右足抬

4-6 Cross step R over L, unwind ¾-ish left to square with wall, sweep L behind R (3 o'clock) 右足於左足前交叉踏, 左繞270度, 左足繞至右足後

第八段 L Cross Behind R, R Slightly R, L Fwd, ½ L Chase Turn
後交叉旁前, 踏轉踏

1-3 Cross step L behind R, step R side, step L forward 左足於右足後交叉踏, 右足右踏, 左足前踏

4-6 Step R forward, pivot ½ left, step R forward (9 o'clock)
 右足前踏, 左轉180度, 右足前踏(面向9點鐘)

Note: Towards the very end of the song there is a 3 count hold. Just dance on through it and continue for another wall and a half.
