# Lady Bump



Count: 96 Wall: 2 Level: Phrased Easy Intermediate

Choreographer: BM Leong (MY) - March 2015

Music: Lady Bump - Penny McLean



Sequence of dance: ABB/ABB/A(48)BB(16)

Intro: 32 counts.

## (A) - 64 counts

# A1: RIGHT VINE, TOUCH, POINT, TOUCH, POINT, TOUCH

- 1-2 Step R to right side, cross L behind R3-4 Step R to right side, touch L together
- 5-6 Point L to left side pointing left hand up to left side, touch L together pointing left hand down

to right side

7-8 Point L to left side pointing left hand up to left side, touch L together pointing left hand down

to right side

### A2: LEFT ROLLING VINE, TOUCH, SIDE, HOLD, SIDE, HOLD

- 1-4 Left rolling vine on LRL, touch R together
- 5-6 Step R to right side pointing both thumbs at yourself, hold7-8 Step L to left side pointing both thumbs at yourself, hold

## A3: RIGHT ROLLING VINE, TOUCH, SIDE, TOUCH, SIDE, TOUCH

- 1-4 Right rolling vine on RLR, touch L together
- 5-6 Step L to left side pushing both hands forward, cross-touch R behind L pulling both elbows

back

7-8 Step R to right side pushing both hands forward, cross-touch L behind R pulling both elbows

back

## A4: LEFT VINE, TOUCH, BACK, HOLD, FORWARD, HOLD

- 1-2 Step L to left side, cross R behind L3-4 Step L to left side, touch R together
- 5-6 Step R back pointing both thumbs at yourself, hold
- 7-8 Recover onto L, hold

# A5: MONTEREY HALF TURN RIGHT, SIDE, SHIMMY, TOGETHER, CLAP

- 1-2 Point R to right side, 1/2 turn right step R together
- 3-4 Point L to left side, step L together
- 5-6 Step R to right side, shimmy shoulders
- 7-8 Step L together, clap

### A6: RIGHT DIAGONAL SHOOP, SCUFF, LEFT DIAGONAL SHOOP, SCUFF

- 1-2 Step R forward along right diagonal, step L together
- 3-4 Step R forward again, scuff L forward
- 5-6 Step L forward along left diagonal, step R together
- 7-8 Step L forward again, scuff R forward

#### A7: PADDLE 1/4 TURN LEFT X 2, SIDE, SHIMMY, TOGETHER, CLAP

- 1-2 Step R forward, pivot 1/4 turn left3-4 Step R forward, pivot 1/4 turn left
- 3-4 Step R forward, pivot 1/4 turn left5-6 Step R to right side, shimmy shoulders
- 7-8 Step L together, clap

# A8: FORWARD TOE STRUTS X 4

1-2	Touch right toes forward, step right heel down
3-4	Touch left toes forward, step left heel down
5-6	Touch right toes forward, step right heel down
7-8	Touch left toes forward, step left heel down

#### (B) - 32 counts

# **B1: HIP BUMPS RRLL/RLRL**

1-4	Bump hips RRLL
5-8	Bump hips RLRL

# B2: RIGHT & LEFT DIAGONAL FORWARD CHA CHA, WALK BACK RLRL

1&2	Cha cha forward along right diagonal on RLR
3&4	Cha cha forward along left diagonal on LRL

5-8 Walk backward on RLRL rotating both palms on the sides

#### **B3: C-BUMPS RIGHT & LEFT**

1-2 Bump right hip up raising right heel, bump right hip down bending knees3-4 Bump right hip up raising right heel, bump right hip down bending knees

# ( styling – draw a big C with right hand )

5-6 Bump left hip up raising left heel, bump left hip down bending knees 7-8 Bump left hip up raising left heel, bump left hip down bending knees ( styling – draw a big C with left hand )

# B4: PADDLE 1/4 TURN LEFT X 4, WALK OR RUN FORWARD ON RLRL

1-2 Step R forward, pivot 1/4 turn left
3-4 Step R forward, pivot 1/4 turn left
5-8 Walk or run forward on RLRL

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