

Lifetime Dreams

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 2

Level: Easy Intermediate

Choreographer: Jan Wyllie (AUS) - January 2015

Music: Once in a Lifetime - Heartbeat : (Album: Once In A Lifetime)



#16 count intro, No Tags Or Restarts

Thank you to Henrico from The Netherlands for this song - an Aussie song too

Shuffle Fwd Stomp Fwd Hold Rock Fwd Recover Toe Strut Back

1,2,3,4 Shuffle fwd RLR, Stomp fwd on L, Hold
5,6,7,8 Rock/step fwd on R, Recover back on L, Step back on R toe, Drop R foot

Shuffle Back 1/4 Rocks Side Slide Side Slide

9&10 Shuffle back LRL
11,12 Making 1/4 right rock/step R to right, Rock/step L to left
13,14 Big step to right, Slide L to touch beside R
15,16 Big step to left, Slide R to touch beside L

Shuffle Fwd Step Pivot 1/2 Shuffle Fwd Step Pivot 1/4

17&18 Shuffle fwd RLR
19,20 Step fwd on L, Pivot 1/2 right transferring wt to R
21&22 Shuffle fwd LRL
23,24 Step fwd on R, Pivot 1/4 left transferring wt to L

Rock Fwd Recover Step Back Hold Step Back Tap Walk Fwd

25,26,27,28 Rock/step fwd on R, Recover back on L, Step back on R, Hold
29,30 Step back on L, Tap R beside L
31,32 Walk fwd RL

Hope you enjoy this easy little dance.

Heartbeat are Aussies who sing at various clubs around our country....

So you might find them in a club near you very soon.

See you on the floor sometime.... Jan

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Music questions: www.heartbeatduo.com.au