

# Gave It All Away (付出一切) (zh)

COPPER KNOB  
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Maggie Gallagher (UK) - 2010年02月

Music: Gave It All Away - Boyzone : (CD: Brother)



前奏 : Intro: 16 counts (18 secs) (Dance moves CW)

**第一段**      **Rock Fwd., Recover, 1/2 Right Rock, Recover, Rock Back, Recover, 1/2 Left, 1/4 Left, Cross, Side Rock, Recover, Cross, Side Rock, Recover**  
下沉, 回復, 1/2下沉, 回復, 後下沉, 回復, 1/2 1/4, 交叉, 側下沉, 回復, 交叉, 側下沉, 回復

1&      Rock forward on right, Recover onto left [12.00]  
右足前下沉, 左足回復(面向12點鐘)

2&      Make 1/2 turn right rocking forward onto right, Recover onto left [6.00]  
右轉180度右足前下沉, 左足回復(面向6點鐘)

3&      Rock back onto right, Recover onto left  
右足後下沉, 左足回復

4&      Make 1/2 turn left stepping back on right, Make 1/4 turn left stepping left to left side [9.00]  
左轉180度右足後踏, 左轉90度左足左踏(面向9點鐘)

5,6&      Cross right over left, Rock out to left side, Recover onto right  
右足於左足前交叉踏, 左足左下沉, 右足回復

7,8&      Cross left over right, Rock out to right side, Recover onto left [9.00]  
左足於右足前交叉踏, 右足右下沉, 左足回復(面向9點鐘)

**第二段**      **Cross Rock, Recover, Side Right, Cross Rock, Recover, Side Rock, Recover, Cross Rock, Recover, Side Left, Cross Rock, Recover, Side Rock, Recover** 交叉下沉, 回復, 側, 交叉下沉, 回復, 側下沉, 回復

1,2&      Cross rock right over left, Recover onto left, Step right to right side 右足於左足前交叉下沉, 左足回復, 右足右踏

3&      Cross rock left over right, Recover onto right  
左足於右足前交叉下沉, 右足回復

4&      Rock out to left side, Recover onto right  
左足左下沉, 右足回復

5,6&      Cross rock left over right, Recover onto right, Step left to left side 左足於右足前交叉下沉, 右足回復, 左足左踏

7&      Cross rock right over left, Recover onto left  
右足於左足前交叉下沉, 左足回復

8&      Rock out to right side, Recover onto left [9.00]  
右足右下沉, 左足回復(面向9點鐘)

**第三段**      **Right Coaster, Full Turn Right, Step, Together, Rock Fwd, Back With Drag, Back, Right Ronde Kick, Cross Behind, Side Left**  
海岸步, 右轉圈, 踏, 併, 前下沉, 後帶拖, 後, 踢繞, 後交叉, 側

1&2      Step back on right, Step left beside right, Step forward on right  
右足後踏, 左足併踏, 右足前踏

3&4      1/2 turn right stepping back on left, 1/2 turn right stepping forward on right, Step forward on left [9.00]  
右轉180度左足後踏, 右轉180度右足前踏, 左足前踏(面向9點鐘)

&5,6      Step right beside left, Rock forward onto left, Step back on right dragging left towards right  
右足併踏, 左足前下沉, 右足後踏左足拖併

7&      Walk back on left, Low ronde kick on right sweeping right behind left 左足後走, 右足略踢右足繞至左足後

8&      Cross right behind left, Step left to left side [9.00]  
右足於左足後交叉踏, 左足左踏(面向9點鐘)

**第四段**      **Side Right With Drag, Rock Back, Recover, Big Side Left With Drag, Rock Back, Recover, 1/2 Left, Rock Back, Recover, Walk, Run, Run**  
**側帶拖 後下沉 回復, 側帶拖 後下沉 回復, 轉, 後下沉 回復, 走, 跑, 跑**

1              Take big step to right side dragging left to meet right  
右足右一大步左足拖併

2&            Rock back on left, Recover onto right  
左足後下沉, 右足回復

3,4&          Take big step to left side dragging right to meet left, Rock back on right, Recover onto left  
左足左一大步右足拖併, 右足後下沉, 左足回復

5              1/2 turn left stepping back on right [3.00]  
左轉180度右足後踏

6&            Rock back on left, Recover onto right  
左足後下沉, 右足回復

7,8&          Walk forward on left, Run right, Run left [3.00]  
左足前走, 右足前跑, 左足前跑(面向3點鐘)

**TAG: 4 counts at END of wall 6 (facing back wall)**  
加拍:第六面牆(面向後面牆)加4拍

**Right Mambo Forward, Left Coaster Step**  
**前曼波, 海岸步**

1&2           Right mambo forward, Recover onto left, Step right beside left  
右足前曼波, 左足回復, 右足併踏

3&4           Step back on left, Step right next to left, Step forward on left  
左足後踏, 右足併踏, 左足前踏

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